

# JAMM June NewSplash

We Jellies Aquatic Masters swimmers have a lot to celebrate as the summer begins. First, a message from our coach about the new schedule:

“Hartnell Olympic Clinic begins Tuesday, the 31st, and goes through Friday, June 3. PG workouts will be Wed and Fri at 5:30-7am, and Sat at 7:30-9 am. Coach Trent will cover this Wed and Fri morning. The following week we will have one week of back to PG on normal schedule as Hartnell will close for one week. I hope this is not too confusing. June and July are hectic months and I am stretched to the limit.”

So, the usual summer schedule at PGHS will be M, W, F (5:30-7am) and Sat (7-9:30am) mornings. The first two weeks of the summer schedule at Hartnell are a bit dodgy, but all will settle down after that.

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Coming Up: The Pro Swim Series at Santa Clara International Swim Center. June 3-5. Some of the fastest swimmers in the world will be competing in this pro-am event in the seven-stop series. Rarely seen on US soil, many of the Australian Olympic team will be racing. \$15 gets you in to see finals each day, which last about 2 hours. Angie Pack has her ticket for Sunday finals. I have some for Saturday finals. See you there?

Ticket info and purchases here: <https://www.teamunify.com/SubTabGeneric.jsp?team=pcscsc&staid=60568>.

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The Swim Clinic on May 27 was a high-energy success. The PGHS pool hosted 16 JAMM members who experienced the intensity, passion and focus of the two elite athletes Simon Burnett and Whitney Meyers after Coach Mark ran a quick warmup. Both Whitney and Simon proved to be very animated as they demonstrated technique and body position. Considering the wide range of experience in swimming we all represent, the fact that each and every swimmer had tons to think about and practice is a testament to the skill and energy of Simon and Whitney.



Simon demonstrates hip rotation in freestyle while Whitney talks butterfly. Coach Mark, Whitney Meyers and Simon Burnett on deck after the clinic.



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A huge debt of thanks are owed to JAMM members who were able to step up and donate dollars, time or goods to the just-finished Youth Cup Challenge at the Hartnell College long course pool. A total of \$700 donated by JAMM for the hospitality table, enough to purchase all ingredients for seven meals plus snacks. MBSC parents brought in cases of water, Gatorade and many also donated muffins and cookies. Special thanks to Alex Burke for whipping up 30 homemade breakfast burritos, a tray of brownies and several dozen cornmeal muffins. Larry somehow convinced his mom to make a few gallons of prize-winning chili, and he donated enough coffee and supplies to energize coaches, officials and volunteers throughout the meet. Others lending muscle to set-up and break-down were John Nelson, Peter Simmons, Eric Allen, Dave and Sally Miller. I helped, too.

MBSC parent and caterer Heather Ross designed the meals, used donated funds to shop, and really did a lion's share of work in prepping food for each meal. Here's her message to us:

“Please tell JAMM thank-you! The coaches and officials said it was the best hospitality they have ever had. So if it wasn't for JAMM, that wouldn't be possible!”

Here's another message from Coach Mark about the JAMM contributions:

“JAMMers, thank you for making the Olympian Clinic such a success. I think Whitney and Simon have been our best instructors yet. I am pleased to bring such amazing, student-athletes to our area and will continue to do so as they are available. They both enjoyed themselves tremendously being hosted by the Garren Family [MBSC president].

I cannot thank JAMM enough for your donations of time, treasure and talents this past weekend. MBSC had the most successful club LCM [long course meters] meet in memory. The hospitality was the best and the thank-yous and comments from visiting clubs were almost overwhelming. We do put on a good show. We just need more teams. These meets are challenging for staff and do not finish when the day is done ... 300 video clips to edit, render and post. Never ends ... yet when a few records are broken it all seems worthwhile. Our 10 & Unders won their second tiger as team champions.”





Connor Rodgers, who we see swimming in the morning most weekdays, won 13-14 High Point Award at the meet.



The hospitality tables and food set-up.

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**Important:** Here's the competition schedule for the Olympic Trials for Swimming being held in Omaha, Nebraska, beginning June 26. The television information is listed below the competition schedule. It's the biggest, craziest, most intense meet of all, anywhere. More info about the event will be sent out later this month.

<https://www.swimmingworldmagazine.com/news/usa-swimming-olympic-trials-schedule/>

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Have a great month, and see you at the pools.